

Erie County Stay Fit Dining Program

HISPANIC MENU

JUNE 2016

| Mon | Tue | Wed | Thu | Fri |
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| 30 Memorial Day Holiday NO MEALS SERVED! | 31 Hamburger w/Gravy Soft Roll & Ketchup Au Gratin Potatoes California Mixed Vegetables Fresh Fruit 832 | 1 Roasted Chicken Thigh Spanish Rice Brussels Sprouts Italian Bread Cinnamon Pears 727 | 2 Sliced Turkey w/Gravy Mashed Squash Tender Peas Oat Bran Muffin Square Mandarin Oranges 605 | 3 Lasagna Roll w/ Meat Sauce & Mozzarella Spinach & Mushrooms Apple Juice Whole Wheat Roll Cantaloupe 757 |
| 6 Chicken & Sausage Jambalaya Casserole Chopped Broccoli Fiesta Corn Sugar Cookies 781 | 7 Sliced Ham w/Mustard Sauce Lazy Pierogi Mashed Squash Rye Bread Strawberry Bavarian 643 | 8 <u>Soup & Sandwich</u> Tasty Sloppy Joe Whole Wheat Soft Roll Hearty Vegetable Soup Carrot Coins Peach & Pear Cup 753 | 9 Boneless Chicken Breast w/Gravy Mashed Potatoes Seasoned Spinach Wheat Dinner Roll Frosted Chocolate Cake 831 | 10 Breaded Fish w/Tartar Sauce Whole Wheat Soft Roll Broccoli, Cheese, Rice Casserole Confetti Coleslaw Ambrosia w/Fruit 922 |
| 13 Shredded Pork in Gravy Oven Browned Potatoes Fresh Malanga Rye Bread Chocolate Pudding 771 | 14 <u>Flag Day Lunch!</u> Marinated Roasted Chicken Breast Ranch Mashed Potatoes Orange Glazed Carrots Whole Wheat Roll Vanilla Ice Cream! 924 | 15 <u>Entrée Salad</u> Tuna Pasta Salad Fresh Mixed Greens Cherry Tomatoes & Carrots Apple Juice Unsalted Crackers Frosted Yellow Cake 980 | 16 Chicken Parmesan, Penne Pasta w/Tomato Sauce & Mozzarella Cheese Italian Style Beans Grape Juice Fresh Fruit 763 | 17 <u>Father's Day Lunch!</u> Bone-In Breaded Pork Chop w/Gravy Peas & Carrots Warm Apples & Cranberries Whole Wheat Roll Chocolate Cream Pie! 1066 |
| 20 <u>First Day of Summer Picnic!</u> Hamburger w/Gravy Soft Roll Seasoned Red Potatoes Confetti Coleslaw Templeque 846 | 21 Goulash Casserole w/Shredded Cheese Chopped Broccoli Zucchini & Summer Squash Italian Bread Fresh Fruit 738 | 22 Sliced Ham w/ Mustard Sauce Whole Sweet Potatoes Cauliflower Whole Wheat Bread Strawberry Bavarian 580 | 23 Cheese Stuffed Shells w/Meat Sauce Grape Juice Peas & Carrots Whole Wheat Roll Frosted Chocolate Cake 1089 | 24 Turkey Vegetable Casserole Chive Mashed Potatoes Buttermilk Biscuit Tropical Fruit 593 |
| 27 Knockwurst w/ Sauerkraut & Mustard Hot Dog Bun Home Fries Seasoned Spinach Pineapple Tidbits 707 | 28 Boneless Chicken Breast w/Gravy Lima Bean Bake Mixed Vegetables Multigrain Bread Fruited Gelatin 542 | 29 Sliced Turkey w/Gravy Bread Stuffing Duchess Mashed Potatoes Green Beans Chocolate Chip Cookies 989 | 30 Chili Con Carne w/Shredded Cheese White Rice Carrot Coins Grape Juice Vanilla Pudding 800 | 1 <u>Fourth of July Lunch!</u> Breaded Pork Loin w/Gravy Seasoned Red Potatoes Chopped Broccoli Whole Wheat Roll Apple Pie! 765 |